

**Paul Revere 3 & 10 Mile Run
35th Annual
Harbor Springs, MI
July 4, 2009 (Saturday)**

Distances: 10 MILES and 3 MILES

Registration Time: Race Day from 6:30 - 7:30 A.M.

Pre-registration Times: Pre-registered runners may pick up t-shirts at The Outfitter in Harbor Springs, July 3rd 4-5:30 P.M. or on Race Day from 6:30 - 7:30 A.M. at site listed below.

Registration Site/Parking Behind Harbor Springs Police Department Parking Lot/Deer park

Start Times: 10 MILE RUN - 8:00 A.M. – Meet @ Zoll St.Park (walk up a little on Beach Drive to start line)
3 MILE FUN RUN - 8:15 A.M. - Start at the Depot

Early Reg. Entry Fees \$15.00 for both races (This goes directly to the Cross Country & Track Teams at Harbor Springs)
Late registration - \$20 day of race
(includes t-shirt for first 500 registered)

Awards: 10 MILE RUN ONLY - Special Award for 1st overall Men & Women. Each age group medal top 3.
3 MILE FUN RUN - Medals to top 5 male & female overall finishers.

Results: Will be posted for 10 MILE ONLY at Outfitter after race, 3 Milers time will be seen at finish line.
Medals for 10 Miler, please pick up after results are posted, **we will not do a ceremony**, so many people are moving forward with there festivities for the day, we do not want to hold you up. Thank you for understanding and GOOD LUCK.
Parade is at 1:00

Support Services: Water stations, refreshments at finish, emergency medical, clock will be at finish line

Race Classes for 10 MILE RUN ONLY: **MEN & WOMEN**

15 & UNDER	25-29	40-44	55-59	70+
16-19	30-34	45-49	60-64	
20-24	35-39	50-54	65-69	

*\$/ENTRY WILL BE DONATED to Harbor Springs Track/Cross Country Program

FOR PRE-REGISTRATION - detach this portion and mail to: Harbor Springs Chamber of Commerce, 368 E. Main St., Harbor Springs, MI 49740. Make Checks payable to: Harbor Springs Track
In consideration of accepting this entry form, I hereby for myself, my heirs, executors, administrator, waive and release all rights and claims for damages I may have against PAUL REVERE RUN, the sponsors of these events, its agents, representatives, successors and assigns for any and all injuries suffered by me at said RUN, or which may arise out of traveling to, participating in and returning from these events.

3 Mile () 10 Mile () T-shirt size YL S M L XL (Please circle size)

PLEASE PRINT

NAME _____ **DATE OF BIRTH** _____
ADDRESS _____ **PHONE** _____
CITY, STATE, ZIP _____

Age Group: (See classes listed above _____ **Sex: Male** _____ **Female** _____

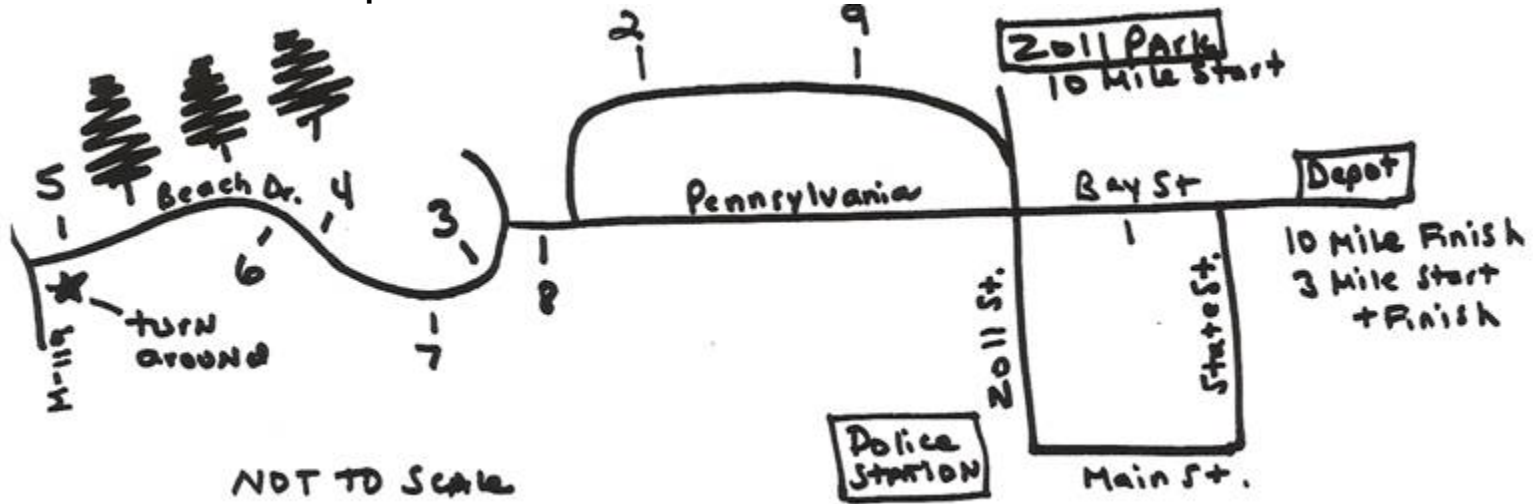
Runner's Signature: _____ **Date:** _____

Parent or Guardian if under 18: _____ **Date:** _____

Thank you for running our race, I know many of you have done this since you were a child coming to Harbor Springs for a summer visit, and now you have convinced other family members & friends to run with you. Our girls cross country team was **State Champs** last fall and our boys team was 3rd, highest combined finish we have ever had, also had a State Champion in Tec Adams. This track season has very successful also with our boys & girls team winning both Conference & Regional Championships. Thank you for your support, this race supports our Cross Country and Track Teams at Harbor Springs.

Thank you to our Race Sponsors... 1st Community Bank, Kilwins, Outfitter, Gow Litzenger, Litzenger Landscape, American Home Technology, Leslie & Merv Sternberg, Graham Real Estate, Asics, Harbor Springs Area Chamber Of Commerce, Tim Bondy Physical Therapy, Big Apple Bagel!

Attached is a course map.



10 Milers- Meet @ Zoll Park (will walk up to Beach Dr. for start line) run to Zoll, Main, State, Bay, Zoll to Beach Drive, Pennsylvania to Beach Drive out to M-119, turn around @ cone, head back the exact same way till you get to Zoll St, then on Zoll St. turn left to FINISH @ Ford Park. **PLEASE MAKE SURE WHEN YOU ARE RUNNING THAT YOU ARE ON THE SIDE OF THE ROAD, ESPECIALLY IN THE NARROW AREAS OF THE ROAD, RUNNERS ARE GOING BOTH DIRECTIONS.**

3 Milers- Start @ Depot, run Bay to Zoll to Beach Drive, cone @ 1.5 mile turn around and head back to where you started, finish at Ford Park. **PLEASE MAKE SURE WHEN YOU ARE RUNNING THAT YOU ARE ON THE SIDE OF THE ROAD, ESPECIALLY IN THE NARROW AREAS OF THE ROAD, RUNNERS ARE GOING BOTH DIRECTIONS.**

Please let me know what we could do to make this race more enjoyable for you, any suggestions would be appreciated. Thank you.

Comments:

