

SEPTEMBER | 2022



Harbor Springs Middle School

Lunch Price - \$3.40 / \$0.40 Reduced

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31 BREAKFAST Served in the cafeteria each morning 7:40-8:00am Select from an assortment of grains, fruits, juice and milk. \$2.00/ \$0.30 Reduced	1	2
5 LABOR DAY	6 Bosco Cheese Breadsticks Marinara Sauce Green Beans Italian Sub Sandwich Yogurt w/ Berries & Granola	7 Breaded Chicken Tenders Baked Beans Corn Muffin Italian Sub Sandwich Yogurt w/ Berries & Granola	8 Beef Hot Dog on Bun Oven Fries Italian Sub Sandwich Yogurt w/ Berries & Granola	9 French Bread Cheese or Pepperoni Pizza Broccoli Florets Italian Sub Sandwich Yogurt w/ Berries & Granola
12 -Breaded Chicken Drumstick w/ Baked Beans & Cornbread -Cheese or Pepperoni Pizza -Hamburger/Cheeseburger -Crispy Chicken Sandwich -Turkey & Cheese Deli Sandwich -PBJ Sandwich	13 -Mini Pancakes & Sausage w/ Hash Brown Triangle -Cheese or Pepperoni Pizza -Hamburger/Cheeseburger -Crispy Chicken Sandwich -Turkey & Cheese Deli Sandwich -PBJ Sandwich	14 -Macaroni & Cheese w/ Steamed Broccoli -Cheese or Pepperoni Pizza -Hamburger/Cheeseburger -Crispy Chicken Sandwich -Turkey & Cheese Deli Sandwich -PBJ Sandwich	15 -Soft Pretzel with Cheese Sauce w/ Baby Carrots -Cheese or Pepperoni Pizza -Hamburger/Cheeseburger -Crispy Chicken Sandwich -Turkey & Cheese Deli Sandwich -PBJ Sandwich	16 -Pulled Pork Sliders w/ Oven Fries -Cheese or Pepperoni Pizza -Hamburger/Cheeseburger -Crispy Chicken Sandwich -Turkey & Cheese Deli Sandwich -PBJ Sandwich
19 -Grilled Cheese Sandwich w/ Broccoli Florets -Cheese or Pepperoni Pizza -Hamburger/Cheeseburger -Crispy Chicken Sandwich -Chicken Deli Wrap -Turkey/Cheese Lunch Kit	20 -French Toast & Sausage w/ Hash Brown Triangle -Cheese or Pepperoni Pizza -Hamburger/Cheeseburger -Crispy Chicken Sandwich -Chicken Deli Wrap -Turkey/Cheese Lunch Kit	21 -Corn Dog on a Stick w/ Oven Fries -Cheese or Pepperoni Pizza -Hamburger/Cheeseburger -Crispy Chicken Sandwich -Chicken Deli Wrap -Turkey/Cheese Lunch Kit	22 -Pepperoni & Cheese Calzone w/ Baby Carrots -Cheese or Pepperoni Pizza -Hamburger/Cheeseburger -Crispy Chicken Sandwich -Chicken Deli Wrap -Turkey/Cheese Lunch Kit	23 -Boneless Chicken Wings w/ Baked Beans -Cheese or Pepperoni Pizza -Hamburger/Cheeseburger -Crispy Chicken Sandwich -Chicken Deli Wrap -Turkey/Cheese Lunch Kit
26 -Bosco Cheese Breadsticks w/ Marinara and Green Beans -Cheese or Pepperoni Pizza -Hamburger/Cheeseburger -Crispy Chicken Sandwich -Chef Salad -Yogurt w/ Berries & Granola	27 -Dutch Waffle & Sausage w/ Hash Brown Triangle -Cheese or Pepperoni Pizza -Hamburger/Cheeseburger -Crispy Chicken Sandwich -Chef Salad -Yogurt w/ Berries & Granola	28 -Beef & Cheese Nachos w/ Refried Beans -Cheese or Pepperoni Pizza -Hamburger/Cheeseburger -Crispy Chicken Sandwich -Chef Salad -Yogurt w/ Berries & Granola	29 -Breaded Chicken Nuggets w/ Broccoli -Cheese or Pepperoni Pizza -Hamburger/Cheeseburger -Crispy Chicken Sandwich -Chef Salad -Yogurt w/ Berries & Granola	30 -Beef Hot Dog w/ Oven Fries -Cheese or Pepperoni Pizza -Hamburger/Cheeseburger -Crispy Chicken Sandwich -Chef Salad -Yogurt w/ Berries & Granola

Lunch
Includes 1 entrée which provides protein and grain, fruits, vegetables and choice of milk.

Ala carte Milk - \$0.50

Students who do not qualify for Free/Reduce meals must have money in their meal account or pay with cash.

Apply for meal benefits or deposit funds online.

<https://harborsprings.familyportal.cloud>

Cathy Clarke – Director
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Earn money while your children are in school!
We are hiring Cafeteria Substitute staff

For more information, visit our web page at:

www.harborps.org/district/food-service/