

MAY | 2023

Harbor Springs Middle School

AVAILABLE EVERYDAY – Pizza, Burgers, Chicken Sandwich and PBJ



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 Bosco Breadsticks Romaine Salad Marinara Sauce</p> <p>Italian Sub</p>	<p>2 French Toast Sticks Cheese Omelet Mango Wango Juice</p> <p>Italian Sub</p>	<p>3 Beef Hot Dog Oven Fries</p> <p>Italian Sub</p>	<p>4 Boneless Chicken Wings Steamed Veggie Blend Buttermilk Biscuit</p> <p>Italian Sub</p>	<p>5*SCHOOL LUNCH HERO DAY Soft Shell Beef Taco Black Bean Corn Salsa Cinnamon Churro</p> <p>Italian Sub</p>
<p>8 Soft Pretzel w/ Cheese Steamed Broccoli</p> <p>Chef Salad</p>	<p>9 Pancakes Sausage Links Hashbrown Triangle</p> <p>Chef Salad</p>	<p>10 Beef & Cheese Nachos Refried Beans Salsa Cup</p> <p>Chef Salad</p>	<p>11 Chicken Nuggets Baby Carrots Dinner Roll</p> <p>Chef Salad</p>	<p>12 Build your own Burger Oven Fries</p> <p>Chef Salad</p>
<p>15 Mozzarella Sticks Baby Carrots Marinara Sauce</p> <p>Fruit & Yogurt Parfait</p>	<p>16 Dutch Waffle Cheese Omelet Hashbrown Stars</p> <p>Fruit & Yogurt Parfait</p>	<p>17 Meatball Sub Romaine Salad</p> <p>Fruit & Yogurt Parfait</p>	<p>18 Popcorn Chicken Mashed Potatoes/Gravy Cornbread</p> <p>Fruit & Yogurt Parfait</p>	<p>19 Corn Dog Baked Beans</p> <p>Fruit & Yogurt Parfait</p>
<p>22 Bosco Breadsticks Steamed Broccoli Marinara Sauce</p> <p>Chicken Caesar Salad</p>	<p>23 French Toast Sticks Sausage Links Dragon Punch</p> <p>Chicken Caesar Salad</p>	<p>24 Beef & Cheese Nachos Lettuce & Tomato Salsa Cup</p> <p>Chicken Caesar Salad</p>	<p>25 Chicken Drumstick Baked Beans Buttermilk Biscuit</p> <p>Chicken Caesar Salad</p>	<p>26</p> <p>NO SCHOOL</p>
<p>29</p> <p>MEMORIAL DAY</p>	<p>30 Belgium Waffle Sausage Links Hashbrown Triangle</p>	<p>31 Soft Shell Beef Taco Lettuce, Tomato, Cheese Salsa Cup</p>	<p>1</p>	<p>2</p>

***Friday, May 5th is School Lunch Hero Day!**

To celebrate, please recognize Ms. Standish and Mrs. Koss for providing more than 200 healthy meals each day!

BREAKFAST

Stop by the cafeteria before heading to class!
7:40-8:00am

Select from an assortment of grains, fruits, juices and milk.

\$2.00/ \$0.30 Reduced
Individual items are sold at a la carte prices.

Lunch

\$3.40 / .40 Reduce
Includes Protein, Grain, Fruit, Vegetable and Milk. Students choose their own meal including 3, 4 or all 5. One item must be a Fruit or Vegetable.

For more information, visit our web page at:

www.harborps.org/district/food-service/