

SEPTEMBER | 2023

Harbor Springs High School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>28 <u>Available Everyday</u> -Pizza -PBJ Sandwich -Yogurt Parfait -Deli Sandwich</p>	<p>29</p>	<p>30</p>	<p>31</p>	<p>1</p>
<p>4</p>	<p>5 Fiesta Burrito Bowl Chicken, Beef & Queso Cilantro Lime Rice Black Beans Grilled Chicken Wrap</p>	<p>6 Popcorn Chicken Bowl Mashed Potato/Gravy Corn Dinner Roll Ham & Cheese Panini</p>	<p>7 Macaroni & Cheese Bar Crispy or Spicy Chicken Broccoli & Bacon Grilled Chicken Wrap</p>	<p>8 STUDENT COUNCIL BBQ</p>
<p>11 Chicken Alfredo Pasta Steamed Broccoli Garlic Breadstick Bosco Breadsticks</p>	<p>12 Beef & Cheese Nachos Refried Beans Salsa, Sour Cream Grilled Chicken Wrap</p>	<p>13 Popcorn Chicken Bowl Mashed Potato/Gravy Corn Dinner Roll Ham & Cheese Panini</p>	<p>14 Breakfast for Lunch French Toast Sticks Sausage & Eggs Hash Brown Grilled Chicken Wrap</p>	<p>15 Hamburger/Cheeseburger Baked Beans Oven Fries Cooks Choice</p>
<p>18 Sweet Thai Chili Chicken Fried Rice Stir Fried Veggies Vegetable Egg Roll Bosco Breadsticks</p>	<p>19 Beef Soft Tacos Corn & Black Bean Fiesta Cheese, Salsa, Sour Cream Grilled Chicken Wrap</p>	<p>20 Popcorn Chicken Bowl Mashed Potato/Gravy Corn Dinner Roll Ham & Cheese Panini</p>	<p>21 Beef Stroganoff Noodles Green Beans Grilled Chicken Wrap</p>	<p>22 Chicken Drumsticks Oven Fries Biscuit Cooks Choice</p>
<p>25 Chicken Alfredo Pasta Steamed Broccoli Garlic Breadstick Bosco Breadsticks</p>	<p>26 Fiesta Burrito Bowl Chicken or Beef & Queso Cilantro Lime Rice Black Beans Grilled Chicken Wrap</p>	<p>27 Popcorn Chicken Bowl Mashed Potato/Gravy Corn Dinner Roll Ham & Cheese Panini</p>	<p>28 Spaghetti & Meatballs Seasoned Vegetables Garlic Breadstick Grilled Chicken Wrap</p>	<p>29 PBIS – 11:35 Lunch Classic Hot Dogs Oven Fries Cooks Choice</p>

FREE MEALS

All students can receive 1 Breakfast and 1 Lunch at no cost each day.
*Meals MUST include 1 serving of a fruit or vegetable.

Additional entrees, sides, snacks and beverages are available to purchase.
Students MUST have money in their meal account or pay cash.

We do not allow charging for a la carte purchases.
No exceptions

Funds can be deposited online at:
<https://harborsprings.familyportal.cloud/>

BREAKFAST

Served in the cafeteria each morning
7:40-8:00am
Select from an assortment of grains, fruits, juice and milk.

For More Information, visit our web page:
<http://harborps.org/district/food-service/>