

SEPTEMBER | 2023

Harbor Springs Middle School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Available Everyday -Pizza -PBJ Sandwich -Hamburger -Cheeseburger -Chicken Sandwich	29	30	31	1
4	5 Bosco Breadsticks Green Beans Marinara Sauce Cup	6 Breaded Chicken Tenders Baked Beans Cornbread	7 Corn Dog French Fries	8 Macaroni & Cheese Steamed Broccoli
11 Soft Pretzel w/ Cheese Romaine Salad	12 French Toast Sausage Links Hash Brown Italian Sub	13 Chicken Drumstick Baked Beans Biscuit Italian Sub	14 Beef & Cheese Soft Taco Lettuce & Tomato Salsa Cup Italian Sub	15 Beef Hot Dog French Fries Italian Sub
18 Mozzarella Sticks Steamed Broccoli Marinara Sauce Cup	19 Waffle Sausage Links Hash Brown Yogurt/ Fruit Parfait	20 Boneless Chicken Wings Steamed Corn Garlic Breadstick Yogurt/ Fruit Parfait	21 Beef & Cheese Nachos Refried Beans Salsa Cup Yogurt/ Fruit Parfait	22 Mini Corn Dogs French Fries Yogurt/ Fruit Parfait
25 Bosco Breadsticks Green Beans Marinara Sauce Cup	26 Pancakes Sausage Links Hash Brown Chicken Caesar Salad	27 Breaded Chicken Nuggets Baked Beans Cornbread Chicken Caesar Salad	28 Meatball Sub Steamed Broccoli Chicken Caesar Salad	29 5-8 grade PBIS Event Beef & Cheese Taco Stick Steamed Corn Chicken Caesar Salad

FREE MEALS

All students can receive 1 Breakfast and 1 Lunch at no cost each day.
 *Meals MUST include 1 serving of a fruit or vegetable.

Additional entrees, sides, snacks and beverages are available to purchase.
Students MUST have money in their meal account or pay cash.
 We do not allow charging for a la carte purchases.
 No exceptions

Funds can be deposited online at:
<https://harborsprings.familyportal.cloud/>

BREAKFAST

Served in the cafeteria each morning
 7:40-8:00am
 Select from an assortment of grains, fruits, juice and milk.

For More Information, visit our web page:
<http://harborps.org/district/food-service/>