

# NOVEMBER | 2023



## Harbor Springs Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>30</b> Bosco Breadsticks Marinara Cup Green Beans  Yogurt & Fruit Parfait	<b>31</b> Turkey Sausage Pancake Wrap on a Stick Yogurt Cup Crispy Potato Cubes  Yogurt & Fruit Parfait	<b>1</b>  NO SCHOOL	<b>2</b> Beef & Cheese Nachos Refried Beans Salsa Cup  Yogurt & Fruit Parfait	<b>3</b> Mini Corn Dogs French Fries  Yogurt & Fruit Parfait
<b>6</b> Soft Pretzel with Cheese Sauce Steamed Broccoli  Chicken Caesar Salad	<b>7</b> Waffle Pork Sausage Bites Hash Brown Triangle  Chicken Caesar Salad	<b>8</b> Chicken Nuggets Green Beans Berry Scone  Chicken Caesar Salad	<b>9</b> Soft Shell Beef Taco Corn Salsa Cup  Chicken Caesar Salad	<b>10</b> Pulled Pork Sandwich Baked Beans  Chicken Caesar Salad
<b>13</b> Mozzarella Sticks Romaine Salad Marinara Cup  Italian Sub	<b>14</b> French Toast Scrambled Eggs Potato Starz  Italian Sub	<b>15</b> Chicken Tenders Sweet Potato Waffle Fries Biscuit  Italian Sub	<b>16</b> Beef Hot Dog Baked Beans  Italian Sub	<b>17</b> Roasted Turkey Mashed Potatoes/gravy Green Bean Casserole Stuffing Pumpkin Pie
<b>20</b> Bosco Breadsticks Steamed Vegetable Blend Marinara Cup	<b>21</b> Pancakes Sausage Links Wango Mango Juice	<b>22</b>  NO SCHOOL	<b>23</b>  HAPPY THANKSGIVING	<b>24</b>  NO SCHOOL
<b>27</b> Soft Pretzel with Cheese Sauce Steamed Broccoli  Yogurt & Fruit Parfait	<b>28</b> Waffle Yogurt Cup Crispy Potato Cubes  Yogurt & Fruit Parfait	<b>29</b> Boneless Chicken Wings Corn Soft Breadstick  Yogurt & Fruit Parfait	<b>30</b> Beef & Cheese Nachos Refried Beans Salsa Cup  Yogurt & Fruit Parfait	<b>1 Available Everyday</b> -Pizza – Burgers – Chicken Sandwich – PBJ

### FREE MEALS

All students can receive 1 Breakfast and 1 Lunch at no cost each day.  
 \*Meals MUST include 1 serving of a fruit or vegetable.

Additional entrees, sides, snacks and beverages are available to purchase.  
**Students MUST have money in their meal account or pay cash.**  
 We do not allow charging for a la carte purchases.  
 No exceptions

**Funds can be deposited online at:**  
<https://harborsprings.familyportal.cloud/>

### BREAKFAST

Served in the cafeteria each morning  
 7:40-8:00am  
 Select from an assortment of grains, fruits, juice and milk.

**For More Information, visit our web page:**  
<http://harborps.org/district/food-service/>