FEBRUARY | 2024

Harbor Springs Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Beef & Cheese Nachos Lettuce & Tomato Refried Beans Italian Sub	2 Cheese Tortellini Steamed Veggie Blend Breadstick Italian Sub
5 Mozzarella Sticks Romaine Salad Marinara Cup Chef Salad	6 Waffle Pork Sausage Links Hash Brown Chef Salad	7 Orange Chicken Vegetable Egg Roll Steamed Broccoli Chef Salad	8 Mini Turkey Corn Dogs Baked Beans Chef Salad	9 Pepperoni Calzone Green Beans Chef Salad
12 Beef Corn Dog Baby Carrots Yogurt & Fruit Parfait	13 French Toast Pork Sausage Links Dragon Punch Yogurt & Fruit Parfait	14 Chicken Tenders Steamed Corn Valentine Cookie Yogurt & Fruit Parfait	15 Bosco Breadsticks Marinara Dipping Cup Mixed Vegetable Yogurt & Fruit Parfait	16 NO SCHOOL
19 Soft Pretzels w/ Cheese Steamed Broccoli Turkey Club Wrap	20 Soft Shell Beef Taco Lettuce & Tomato Salsa Turkey Club Wrap	21 Chicken Nuggets Baked Beans Buttermilk Biscuit Turkey Club Wrap	22 Macaroni & Cheese Vegetable Blend Cornbread Turkey Club Wrap	23 Beef Hot Dog Potato Wedges Turkey Club Wrap
26 Beef Ravioli Green Beans Garlic Toast Chicken Caesar Salad	27 Pancakes Cheese Omelet Hash Brown Chicken Caesar Salad	28 Boneless Chicken Wings Steamed Corn Dinner Roll Chicken Caesar Salad	29 Beef & Cheese Nachos Lettuce & Tomato Refried Beans Chicken Caesar Salad	1

AVAILABLE DAILY

Hamburger & Cheeseburger
Breaded Chicken Sandwich
Cheese or Pepperoni Pizza
PBJ Sandwich

All students can receive 1 FREE Lunch each day. *Meals MUST include 1 serving of a fruit or vegetable.

Additional entrees, sides, snacks and beverages are available to purchase.

BREAKFAST

FREE

Served in the cafeteria each morning
7:40-8:00am
Select from an assortment of whole grain items: Cereal, Bagel, Muffin, Banana or Lemon bread, Donut holes, Pop tarts, Yogurt smoothie, Fresh Fruit, Fruit Juice and 1% white or chocolate Milk.

For More Information, visit our web page: http://harborps.org/district/food-service