

APRIL | 2024

Harbor Springs Middle School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1</p> <p>SPRING BREAK</p>	<p>2</p> <p>French Toast Cheese Omelet Hash Brown Fruit & Vegetable Bar</p> <p>Chef Salad</p>	<p>3</p> <p>Boneless Chicken Wings Steamed Corn Buttermilk Biscuit Fruit & Vegetable Bar</p> <p>Chef Salad</p>	<p>4</p> <p>Beef & Cheese Nachos Refried Beans Lettuce, Tomato, Salsa Fruit & Vegetable Bar</p> <p>Chef Salad</p>	<p>5 <i>Tigers Home Opener!</i></p> <p>Ballpark Hot Dog French Fries Popcorn Fruit & Vegetable Bar</p> <p>Chef Salad</p>
<p>8</p> <p>Mozzarella Sticks Green Beans Marinara Cup Fruit & Vegetable Bar</p> <p>Yogurt & Fruit Parfait</p>	<p>9</p> <p>Waffle Pork Sausage Links Dragon Punch Fruit & Vegetable Bar</p> <p>Yogurt & Fruit Parfait</p>	<p>10</p> <p>Chicken Drumstick Potato Wedges Soft Breadstick Fruit & Vegetable Bar</p> <p>Yogurt & Fruit Parfait</p>	<p>11</p> <p>Mini Corn Dogs Steamed Broccoli Fruit & Vegetable Bar</p> <p>Yogurt & Fruit Parfait</p>	<p>12</p> <p>Build your own Burger Baked Beans Fruit & Vegetable Bar</p> <p>Yogurt & Fruit Parfait</p>
<p>15</p> <p>Mini Pizza Calzones Vegetable Blend Fruit & Vegetable Bar</p> <p>Italian Sub</p>	<p>16</p> <p>Soft Shell Beef Taco Lettuce/Tomato/Cheese Black Beans Fruit & Vegetable Bar</p> <p>Italian Sub</p>	<p>17</p> <p>Popcorn Chicken Mashed Potatoes/Gravy Dinner Roll Fruit & Vegetable Bar</p> <p>Italian Sub</p>	<p>18</p> <p>Macaroni & Cheese Romaine Salad Garlic Toast Fruit & Vegetable Bar</p> <p>Italian Sub</p>	<p>19</p> <p>Corn Dog on a Stick Oven Fries Fruit & Vegetable Bar</p> <p>Italian Sub</p>
<p>22</p> <p>Bosco Breadsticks Baby Carrots Marinara Cup Fruit & Vegetable Bar</p> <p>Chicken Caesar Salad</p>	<p>23</p> <p>Pancakes Cheese Omelet Hash Brown Starz Fruit & Vegetable Bar</p> <p>Chicken Caesar Salad</p>	<p>24</p> <p>Chicken Tenders Steamed Broccoli Cornbread Fruit & Vegetable Bar</p> <p>Chicken Caesar Salad</p>	<p>25</p> <p>Beef Hot Dog on Bun Baked Beans Fruit & Vegetable Bar</p> <p>Chicken Caesar Salad</p>	<p>26</p> <p>French Bread Pizza Green Beans Fruit & Vegetable Bar</p> <p>Chicken Caesar Salad</p>
<p>29</p> <p>Soft Pretzel Sticks w/ Cheese Steamed Broccoli Fruit & Vegetable Bar</p> <p>Turkey Club Wrap</p>	<p>30</p> <p>French Toast Yogurt Cup Hash Brown Fruit & Vegetable Bar</p> <p>Turkey Club Wrap</p>	<p>1</p>	<p>2</p>	<p>3</p>

AVAILABLE DAILY

Hamburger & Cheeseburger
Breaded Chicken Sandwich
Cheese or Pepperoni Pizza
PBJ Sandwich

All students can receive 1
FREE Lunch each day.
*Meals MUST include 1
serving of a fruit or
vegetable.

Additional entrees, sides,
snacks and beverages are
available to purchase.

BREAKFAST FREE

Served in the cafeteria
each morning
7:40-8:00am

Select from an assortment
of whole grain items:
Cereal, Bagel, Muffin,
Banana or Lemon bread,
Donut holes, Pop tarts,
Yogurt smoothie, Fresh
Fruit, Fruit Juice and 1%
white or chocolate Milk.

For More Information,
visit our web page:
<http://harborps.org/district/food-service>