

# MAY | 2024

## Harbor Springs Middle School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>29</b> Soft Pretzel Sticks w/ Cheese Sauce Steamed Broccoli Fruit &amp; Vegetable Bar</p> <p>Turkey Club Wrap</p>	<p><b>30</b> French Toast Yogurt/ String Cheese Hash Brown Fruit &amp; Vegetable Bar</p> <p>Turkey Club Wrap</p>	<p><b>1</b> Chicken Nuggets Green Beans Buttermilk Biscuit Fruit &amp; Vegetable Bar</p> <p>Turkey Club Wrap</p>	<p><b>2</b> Beef &amp; Cheese Nachos Black Beans &amp; Corn Salsa Cup Fruit &amp; Vegetable Bar</p> <p>Turkey Club Wrap</p>	<p><b>3</b> Beef Hot Dog on Bun Oven Fries Fruit &amp; Vegetable Bar</p> <p>Turkey Club Wrap</p>
<p><b>6</b> Mozzarella Sticks Steamed Broccoli Marinara Cup Fruit &amp; Vegetable Bar</p> <p>Chef Salad</p>	<p><b>7</b> Waffle Pork Sausage Links Dragon Juice Fruit &amp; Vegetable Bar</p> <p>Chef Salad</p>	<p><b>8</b> Chicken Drumstick Baked Beans Cornbread Fruit &amp; Vegetable Bar</p> <p>Chef Salad</p>	<p><b>9</b> Mini Corn Dogs Oven Fries Fruit &amp; Vegetable Bar</p> <p>Chef Salad</p>	<p><b>10</b> Macaroni &amp; Cheese Romaine Salad Dinner Roll Fruit &amp; Vegetable Bar</p> <p>Chef Salad</p>
<p><b>13</b> Filled Pasta w/ Marinara Vegetable Blend Garlic Breadstick Fruit &amp; Vegetable Bar</p> <p>Yogurt &amp; Fruit Parfait</p>	<p><b>14</b> Beef Soft Shell Taco Lettuce &amp; Tomato Salsa Fruit &amp; Vegetable Bar</p> <p>Yogurt &amp; Fruit Parfait</p>	<p><b>15</b> Boneless Chicken Wings Potato Wedges Dinner Roll Fruit &amp; Vegetable Bar</p> <p>Yogurt &amp; Fruit Parfait</p>	<p><b>16</b> Bosco Breadsticks Steamed Broccoli Marinara Cup Fruit &amp; Vegetable Bar</p> <p>Yogurt &amp; Fruit Parfait</p>	<p><b>17</b> Corn Dog on a Stick Baked Beans Fruit &amp; Vegetable Bar</p> <p>Yogurt &amp; Fruit Parfait</p>
<p><b>20</b> Build your own Burger Oven Fries Fruit &amp; Vegetable Bar</p> <p>Italian Sub</p>	<p><b>21</b> Buttermilk Pancakes Pork Sausage Links Wango Mango Juice Fruit &amp; Vegetable Bar</p> <p>Italian Sub</p>	<p><b>22</b> Chicken Tenders Steamed Broccoli Cornbread Fruit &amp; Vegetable Bar</p> <p>Italian Sub</p>	<p><b>23</b> Pizza Calzone Baby Carrots Fruit &amp; Vegetable Bar</p> <p>Italian Sub</p>	<p><b>24</b></p> <p>NO SCHOOL</p>
<p><b>27</b></p> <p>MEMORIAL DAY</p>	<p><b>28</b> Breakfast for Lunch Hash Brown Fruit &amp; Vegetable Bar</p>	<p><b>29</b> Chicken Nuggets Baked Beans Dinner Roll Fruit &amp; Vegetable Bar</p>	<p><b>30</b> Soft Pretzels w/ Cheese Vegetable Blend Fruit &amp; Vegetable Bar</p>	<p><b>31</b> 3<sup>rd</sup> &amp; 4<sup>th</sup> Field Day Hot Dog Picnic Lunch</p> <p>Beef &amp; Cheese Taco Stick Steamed Corn Fruit &amp; Vegetable Bar</p>

### AVAILABLE DAILY

Hamburger & Cheeseburger  
Breaded Chicken Sandwich  
Cheese or Pepperoni Pizza  
PBJ Sandwich

All students can receive 1  
FREE Lunch each day.  
\*Meals MUST include 1  
serving of a fruit or  
vegetable.

Additional entrees, sides,  
snacks and beverages are  
available to purchase.

### BREAKFAST FREE

Served in the cafeteria  
each morning  
7:40-8:00am

Select from an assortment  
of whole grain items:  
Cereal, Bagel, Muffin,  
Banana or Lemon bread,  
Donut holes, Pop tarts,  
Fresh Fruit, Fruit Juice and  
1% white or chocolate  
Milk.

For More Information,  
visit our web page:  
<http://harborps.org/district/food-service>