

Michigan Department of Education Local Wellness Policy Assessment

School Name: Harbor Springs

Date: 4/16/2024

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Healthy Snacks will be encouraged in classrooms	Provide a list of recommended snacks to building principals, who will discuss with teachers at back-to-school training. Teachers will share/discuss with students. List will be shared with parents.	Ongoing	Visual List Meeting Agenda Observation in classroom Periodic review with teachers	Building Principal	FS Director Principals Teachers Students Parents	yes
Student Tasting of Local Produce	Partner with Food Corps to prepare and sample Harvest of the month during lunch	Ongoing	Schedule a minimum of one tasting per site per year. Document student preferences	FS Director	FS Director FS Staff Students Local Farms	yes
Provide healthy snacks during the day to all through grant	Student and Teacher surveys Determine costs Complete and submit application	2024-25	Classroom observation Surveys from students and teachers	District Nurse	Nurse Teachers Students FS Director	In progress

Physical Activity Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Incorporate movement into both academic and non-PE elective classes	Provide examples of age appropriate movement activities to building principals, who will relay to teachers. Teachers will add activities to their daily schedule.	Ongoing	Classroom observation. Follow-up mid-year to discuss challenges and provide additional information if necessary.	Building Principal	PE Teachers Principals Teachers Students	yes
Incorporate physical events into PBIS days	Schedule class competitions, color run, Spirit march, walks to field trips	Ongoing	Monthly agenda Observations	Building Principal	Principals Teachers Students	yes

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Expand and promote more physical based activities through Community Schools	Promote current physical activity opportunities. Add additional programs. Improve communication through newsletters and website.	Beginning of 2022-23 school year.	Participation levels. Review quarterly.	Director of Community Schools	Director of CS Superintendent Students Community	Yes
Form cooperative agreements with nearby districts to offer more team athletics opportunity	Partnership with other districts Promotion and communication to students and parents	Ongoing	Student participation	Superintendent	Superintendent Athletic Director Students	Yes

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Provide opportunities for students to develop the knowledge and skills for consuming healthful foods.	Signage posted educating students on how to select a balanced meal. Reminders from cafeteria staff on how to select a balanced meal. Fresh fruits and vegetables will be offered daily.	Ongoing	Self-monitoring Staff training Observation	Food Director	Food Director Food Service Staff Students	Yes

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Food and beverages that are provided on the school campus during the school day shall comply with standards approved by the superintendent	The food service department will adhere to the guidelines set forth by USDA Classroom activities that incorporate food will take into account student needs	Ongoing	Administrative Reviews by MDE	Food Director Teachers Principals	Food Service Staff Teaching Staff Administrators Students	Yes

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Any foods or beverages marketed or promoted to students on the school campus, during the school day, will meet the USDA Smart Snacks in School Nutrition standards	The Food Service Department will adhere to the guidelines set forth by USDA	Ongoing	Administrative Reviews by MDE	Food Director	Food Service Director and staff Administration	Yes