

# NOVEMBER | 2024



## Harbor Springs Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>28</b> French Toast Swirl Pork Sausage Links Wango Mango Juice Fruit & Veggie Bar Italian Sub or PBJ	<b>29</b> Beef Hot Dog French Fries Fruit & Veggie Bar Italian Sub or PBJ	<b>30</b> Chicken Nuggets Vegetable Blend Roll Fruit & Veggie Bar Italian Sub or PBJ	<b>31</b> Mini Pizza Calzones Baby Carrots Fruit & Veggie Bar Italian Sub or PBJ	<b>1</b> NO SCHOOL
<b>4</b> Belgian Waffle Cheese Omelet Hash Brown Triangle Fruit & Veggie Bar Yogurt Parfait or PBJ	<b>5</b> Beef & Cheese Nachos Refried Beans Lettuce/Tomato/Salsa Fruit & Veggie Bar Yogurt Parfait or PBJ	<b>6</b> Chicken Tenders Potato Wedges Cornbread Fruit & Veggie Bar Yogurt Parfait or PBJ	<b>7</b> Bosco Breadsticks Green Beans Marinara Cup Fruit & Veggie Bar Yogurt Parfait or PBJ	<b>8</b> Personal Pizza Broccoli Florets Fruit & Veggie Bar Yogurt Parfait or PBJ
<b>11</b> Buttermilk Pancakes Pork Sausage Links Crispy Potato Cubes Fruit & Veggie Bar Chicken Salad or PBJ	<b>12</b> Cheese Lasagna Romaine Salad Garlic Toast Fruit & Veggie Bar Chicken Salad or PBJ	<b>13</b> Boneless Chicken Wings Steamed Corn Buttermilk Biscuit Fruit & Veggie Bar Chicken Salad or PBJ	<b>14</b> Grilled Cheese Sandwich Tomato Soup French Fries Fruit & Veggie Bar Chicken Salad or PBJ	<b>15</b> French Bread Pizza Crunchy Cauliflower Fruit & Veggie Bar Chicken Salad or PBJ
<b>18</b> Dutch Waffle Yogurt Cup Hash Brown Triangle Fruit & Veggie Bar Turkey Club Wrap or PBJ	<b>19</b> Mini Corn Dogs Green Beans Fruit & Veggie Bar Turkey Club Wrap or PBJ	<b>20</b> Popcorn Chicken Baked Beans Roll Fruit & Veggie Bar Turkey Club Wrap or PBJ	<b>21</b> Soft Pretzel w/ Cheese Steamed Broccoli Fruit & Veggie Bar Turkey Club Wrap or PBJ	<b>22</b> Personal Pizza Sugar Snap Peas Fruit & Veggie Bar Turkey Club Wrap or PBJ
<b>25</b> French Toast Swirl Cheese Omelet Dragon Punch Fruit & Veggie Bar PBJ	<b>26</b> Chicken Drumstick Mashed Potatoes/Gravy Steamed Corn Pumpkin Roll Fruit & Veggie Bar PBJ	<b>27</b> NO SCHOOL	<b>28</b> NO SCHOOL	<b>29</b> NO SCHOOL

### AVAILABLE DAILY

Pizza  
Burgers  
Chicken Sandwich

All students can receive 1  
FREE Lunch each day.  
Milk is included.

Additional entrees, sides,  
snacks and beverages are  
available to purchase.

Money can be deposited  
online at:  
<https://harborsprings.familyportal.cloud>

### **BREAKFAST FREE**

Served in the cafeteria  
each morning  
7:40-7:55am  
Select from an assortment  
of whole grain items:  
Cereals, Bagel, Muffins,  
Breads, Smoothie, Fresh  
Fruit, Fruit Juice and 1%  
white or chocolate Milk.

**For More Information,  
visit our web page:**  
<http://harborps.org/district/food-service>