

NOVEMBER | 2024



Shay Elementary K-1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 French Toast Swirl Pork Sausage Links Wango Mango Juice Fruit & Veggie Bar Italian Sub or PBJ	29 Beef Hot Dog French Fries Fruit & Veggie Bar Italian Sub or PBJ	30 Chicken Nuggets Vegetable Blend Roll Fruit & Veggie Bar Italian Sub or PBJ	31 Mini Pizza Calzones Baby Carrots Fruit & Veggie Bar Italian Sub or PBJ	1 NO SCHOOL
4 Belgian Waffle Cheese Omelet Hash Brown Triangle Fruit & Veggie Bar Yogurt & Muffin or PBJ	5 Beef & Cheese Nachos Refried Beans Lettuce/Tomato/Salsa Fruit & Veggie Bar Yogurt & Muffin or PBJ	6 Chicken Tenders Potato Wedges Cornbread Fruit & Veggie Bar Yogurt & Muffin or PBJ	7 Bosco Breadsticks Green Beans Marinara Cup Fruit & Veggie Bar Yogurt & Muffin or PBJ	8 Cheese Pizza Broccoli Florets Fruit & Veggie Bar Yogurt & Muffin or PBJ
11 Buttermilk Pancakes Pork Sausage Links Crispy Potato Cubes Fruit & Veggie Bar Garden Salad or PBJ	12 Cheese Lasagna Romaine Salad Garlic Toast Fruit & Veggie Bar Garden Salad or PBJ	13 Boneless Chicken Wings Steamed Corn Buttermilk Biscuit Fruit & Veggie Bar Garden Salad or PBJ	14 Grilled Cheese Sandwich Tomato Soup French Fries Fruit & Veggie Bar Garden Salad or PBJ	15 Cheese Pizza Crunchy Cauliflower Fruit & Veggie Bar Garden Salad or PBJ
18 Dutch Waffle Yogurt Cup Hash Brown Triangle Fruit & Veggie Bar Turkey Wrap or PBJ	19 Mini Corn Dogs Green Beans Fruit & Veggie Bar Turkey Wrap or PBJ	20 Popcorn Chicken Baked Beans Roll Fruit & Veggie Bar Turkey Wrap or PBJ	21 Soft Pretzel w/ Cheese Steamed Broccoli Fruit & Veggie Bar Turkey Wrap or PBJ	22 Cheese Pizza Sugar Snap Peas Fruit & Veggie Bar Turkey Wrap or PBJ
25 French Toast Swirl Cheese Omelet Dragon Punch Fruit & Veggie Bar PBJ	26 Chicken Drumstick Mashed Potatoes/Gravy Steamed Corn Pumpkin Roll Fruit & Veggie Bar PBJ	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL

All students can receive 1 FREE Lunch each day. Milk is included. *Students MUST select at least 1 serving of a fruit or vegetable.

Additional entrees, sides, and milk are available to purchase. Money can be deposited online at: <https://harborsprings.familyportal.cloud>

BREAKFAST FREE

Served in the cafeteria each morning 7:40-7:55am. Select from an assortment of whole grain items: Cereals, Bagel, Muffins, Breads, Smoothie, Fresh Fruit, Fruit Juice and 1% white or chocolate Milk.

For More Information, visit our web page: <http://harborps.org/district/food-service>